



IntoWork

## Press Release

A new job and career group is starting at St Matthias church hall in Stoke Newington.

Initially organised by 2 life and career coaches, Peter Brown and Alistair Miller, the aim is to provide a friendly and supportive environment where people can get help with all aspects of job hunting and career development. The group is **free** to everyone of working age whether they are employed or not. For example, some people may wish to change careers, or return to work after bringing up a family.

The long-term aim is for local people to take control of the group and to determine the course of its development to provide a valuable community service.

The project has the full support of the parish priest at St Matthias Church, Fr David Lambert, and the church is providing the venue free of charge.

The first meeting will focus on the needs of attendees, and we'll then draw-up a schedule for future meetings. We hope to offer help with writing CVs, preparing for job interviews, job-search, completing application forms, obtaining training etc. If there is sufficient demand, weekday sessions may also be held to provide on-going, regular support.

Critical to the success of the group will be our non-judgmental approach to helping people achieve their career goals. We hope to create a friendly group where members can offer each other advice and job-hunting tips, and share in each others' successes.

Attendees will also be offered **free** life and career coaching.

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## Venue and contact details

<b>Venue:</b>	St Matthias Church Hall Wordsworth Road London N16 8DD
<b>Website:</b>	<a href="http://www.stmchurch.co.uk/Job_group.html">www.stmchurch.co.uk/Job_group.html</a>
<b>Email contact:</b>	intowork@stmchurch.co.uk
<b>Meeting date:</b>	28 <sup>th</sup> November 2009
<b>Time:</b>	10 am to 12 noon
<b>Coaches:</b>	Peter Brown, Alistair Miller

## Further information

For further details, please contact **Peter Brown on 07882 838 315**, or at the email address given above.