

**St Matthias Church**  
**FIRST SUNDAY OF LENT**  
**Sunday 26th February 2023**

**Welcome all** visiting with us for the first time and invite you all to join us, after mass, for Coffee/tea at the back of Church

Sunday 26th	<b>LENT I</b>	<b>Parish Mass 11am</b>
Monday 27th	<b>Feria</b>	
Tuesday 28th	<b>Feria</b>	
Wednesday 1st	<b>S DAVID, Bp</b>	<b>Mass 10am</b>
Thursday 2nd	<b>Feria</b>	
Friday 3rd	<b>Feria</b>	
Saturday 4th	<b>Feria</b>	<b>Mass 10.30am</b>
Sunday 5th	<b>LENT II</b>	<b>Parish Mass 11am</b>

**KEEPING WARM SHELTER**

This project will resume on Monday 6th March in the church hall; do come along and indulge in soup, chat and fellowship.

**ASH WEDNESDAY & LENT**

A very pleasing start to our Lenten journey. Do persevere in your observance during Lent so that you may walk towards the cross.

Holy Week dairies will be available soon, with the re-introduction of sharing the Sedar on Holy Week Wednesday; names **MUST** be submitted before the event. In past years, it was a case of anyone turning up, but due to high costings, we will need to know exactly who will be participating in this meal.

**WOULD YOU LIKE TO JOIN THE DIOCESAN LENT GROUP? IF SO...**

To register for 'Prayer Practices for Lent' go to the Diocese of London Website and on the right-hand side you will see a section called 'Prayer Practices for Lent' and under the blurb you will be able to register.

For Lent 2023, the Bishops of London Diocese are hosting five online sessions exploring ancient ways of Christian prayer that are still relevant today and can help us spend time in the presence of God.

Sessions take place on Tuesday evenings during Lent, from 7.30-8.30pm on the following dates:

- 28th February, The Examen
- 7th March, Lectio Divina
- 14th March, Centring Prayer
- 21st March, Imaginative Contemplation
- 28th March, Visio Divina (Praying with Pictures)

The evening will be opened and closed with a short liturgy by one of our Bishops. The prayer practice will be introduced and we will have a go at the practice together. A time of optional sharing will be offered at the end for those who wish to reflect on the practice with others.

Everyone is welcome. You can attend some or all sessions.

Hand-outs and a recording of each of the sessions will be made available for use in churches and small groups.

Automatic captioning will be enabled for the live sessions and edited and included on the recordings. There is the option of dialling in by phone during live sessions for those without Internet access (audio only).

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Please do reach out to our Discipleship Enabler Mirjam Ngoy-Verhage if you would like more information.

### **REQUEST**

Are you called to play a part in the life of the church? We will be in need of some Church Warden/s when we come to our APCM on Sunday 16th April. If you feel you would like to take this role on, please have a word with a PCC member, or Norma.

### **CONFIRMATION**

This will be an opportunity for those who are considering taking their next part of their Christian journey, and to be confirmed by Bishop Jonathan Baker on Sunday 14th May at our Patronal festival. Please see Fr. David for further details.

### **DID YOU KNOW?**

There are still a few limited-edition candles after the great response we. They will be on sale after mass. Perhaps you may wish to purchase one at £8.50 each; a great present to offer those whom you love.

**Pastoral Matters: Including: Baptisms, Confirmation, Weddings, Funerals and Confessions.**  
**Contact: Fr David Lambert, St Matthias Vicarage, Wordsworth Road, N16 8DD.Tel: 0207 254 5063.**  
**[www.stmchurch.co.uk](http://www.stmchurch.co.uk) - Hall Enquiries: [enquiries@stmatthiashalls.org.uk](mailto:enquiries@stmatthiashalls.org.uk) – 020 7923 2726**